

Wahoo Warrior Football

Offensive Schemes



Chad Fox
Head Football Coach
Wahoo High School
cfox@esu2.org

Wahoo Warrior Football Mission Statement

In athletics, coaches need to promote the idea that success is not always winning, but playing well. As coaches, we can emphasize that "process" of athletics - making an effort to win through discipline, training, and commitment is ultimately more important than the final outcome of a contest.



Wahoo Warrior Football Offensive Formations

- Balanced Defense we will try to unbalance them
- Unbalanced Defense we will try to balance them
- Find weak spots or weak positions
- Make the Defense align correctly and stop you



Wahoo Warrior Football Offensive Formations

- Base Formations
 - Installed first
 - Run every game
- Other Formations
 - Bring in 2-3 a week
 - Possible match-ups
 - Alignment Issues



Wahoo Warrior Football Offensive Formations

- Base Formations
 - Pro, Tenn, Tulsa, Doubles, Trips
- Other Formations
 - Ace, Gangster, Spread, Empty, Nasty, Bunch, Monarch, Husker, DT, Warrior, Slot, Twins, Over, Bone, Flex, T,



Wahoo Warrior Football Offensive Shifts & Motions

- Basic Motion (Z-Motion)
 - Changes pass strengths
- Backfield Motion (A-Motion & B-Motion)
 - Change pass strength or formation type
- TE Trade & Shift
 - Change formation strength
 - Change formation type



Wahoo Warrior Football Offensive Running Concepts

- **Organize the Offense into "Series"**
 - **Trap Series** (Trap, T-Trap, Midline)
 - **Option Series** (Veer, Lead Option, Shovel Pass)
 - **Gap Series** (Blast, Counter, Power)
 - **Zone Series** (Inside Zone, Iso, Wide Iso)
 - **Outside Series** (Stretch, Toss, Speed Option, Jet Sweep)
- **Our solution for no huddle communication**
- **By organizing our offense this way, it has made our offense easier for our players to digest.**



Wahoo Warrior Football Running Game

- **Trap Series Plays – A Gap Plays**
(Trap, T-Trap, Midline)
 - Run at a 3 Technique or 5 Technique
 - Any man on or outside of our PS Guard
 - Center Back Block
 - BS Guard pull on Trap or to ILB on Midline
 - BS/PS OT to OLB or ILB on Trap and Midline



Wahoo Warrior Football Running Game

- **Option Series Plays – B-C-D Gap Play**
(Veer, Lead Option, Shovel)
 - Run at a 5 Technique or 9 Technique
 - Any man on or outside of our PS Tackle
 - Center In-On-Over-ILB
 - PS Guard In-On-Over-ILB
 - PS Tackle In-ILB (Inside Release)
 - BS Guard & Tackle – inside gap to LB



Wahoo Warrior Football Running Game

- **Gap Series Plays – C Gap Plays**
(Blast, Counter, Power)
 - Run outside the OT (5,7,8,9 Tech)
 - First man on or outside of our PS Tackle
 - PS Guard & Tackle inside gaps to LB
 - Center back block
 - BS Guard pull on Blast, wrap to LB
 - BS Guard pull on Counter, kick EMOL
 - BS Tackle inside gap to LB



Wahoo Warrior Football Running Game

- **Zone Series Plays – A-B-C Gap Plays**
(Inside Zone, Iso, Wide Iso)
 - Run wherever the defense gives us a gap
 - 3 Technique & 5 Technique we will run A Gap
 - Shade & 5 Technique we will run B Gap
 - 3 Technique & 9 Technique we will run C Gap
 - 3 Technique, 5 Technique & 9 Technique we will run D Gap



Wahoo Warrior Football Running Game

- **Outside Series Plays – D Gap Plays**
(Stretch, Toss, Speed Option, Jet Sweep)
 - Running Outside of the EMOL
 - PS Tackle On to Outside Gap
 - PS Guard On to Outside Gap
 - Center On to Outside Gap (Can Pull)
 - BS Guard On to Inside Gap
 - BS Tackle On to Inside Gap



Wahoo Warrior Football Offensive Passing Concepts

- Passing Series Concepts
 - Screen Series (Bubble, B-Screen, A-Screen)
 - Play-action Series (Veer, Blast, Counter, Iso, Toss)
 - Sprint Out Series (Move the QB, Passing Tree)
 - Quick Game Series (3 Step Drop, Passing Tree)
 - Other Passing Concepts (Mesh, Dig, Dagger, Stop)
- Use passing tree and complimentary routes
- Also use tags for more possibilities



Wahoo Warrior Football Offensive Passing Concepts

- Screen Series (Bubble, B-Screen, A-Screen)
 - Help against over aggressive defenses
 - Simplified Blocking – (Block an Area)
 - Bubble – Inside receiver going out
 - Uncovered or out-leverage the defense
 - B-Screens – Middle, Left, Right
 - Off of our quick game pass
 - A-Screens – Right, Left
 - Off of our sprint out pass



Wahoo Warrior Football Offensive Passing Concepts

- Play-Action Series
 - Off of Veer, Blast, Counter, Iso, Toss
 - Teams will overplay the run with 2nd & 3rd level defenders – make them pay
 - Veer Pass – Play side seam
 - Blast Pass – Play side flat
 - Counter Boot – Back side flat
 - Iso Pass – Free Safety (Hole Player)
 - Toss Pass - Corner



Wahoo Warrior Football Offensive Passing Concepts

- Sprint out Series
 - Mobile QB – moves the pocket
 - Pressures perimeter of the defense
 - Quick Flat Concept
 - Curl – Wheel Concept
 - Flood Concept



Wahoo Warrior Football Offensive Passing Concepts

- Quick Game Series
 - Ball out on time – quickly
 - Quick Hitch
 - Quick Out
 - Quick Slant
 - Hitch
 - Post
 - Vertical



Wahoo Warrior Football Offensive Passing Concepts

- Other Passing Concepts
 - Shallow Cross
 - Deep Cross
 - Double Slant (Flat Post w/ Skinny Post)
 - Double Post
 - 4 Verticals
 - Back Shoulder Fade
 - Route Extensions (Out & Up, Hitch & Go)



Wahoo Warrior Football

"The Pride and Tradition of Warrior
Football Will Not be Entrusted to the
Timid and Weak."

